

THE OLD HILLS MALVERN CHURCHES

Parish of Powick and Parish of Guarlford and Madresfield with Newland

A Simple Form of Worship - for those self Isolating

A message from Reverend Gary

The current health emergency surrounding Coronavirus is affecting so many people in so many ways. People are panicking and not knowing what to do. Prayer can help, and I hope this little guide for Parishioners in the Old Hills Malvern Churches helps - especially if you feel unable, or not well enough to come to church. This particularly affects our fragile and elderly congregations and anyone self-isolating to follow Public Health England's advice.

Hopefully early next week, I will be posting on line the *Forgiven Loved and Free* service which you can follow. Meanwhile, you can come up with your own DIY service. Hopefully, whether we can, or you can on your own, we will worship together - perhaps we should strive to do so at the normal time of our Sunday worship. The Body of Christ can still gather - in your church, in your sick bed or in your living room. Every Blessing and get well soon and take care.

Rev Gary Crellin - The Vicar of Old Hills Malvern Churches

DIY Church Service

If you can, gather a Cross, a lit candle (or battery operated one) and Bible.

Start with a moment of stillness as you offer up this special, Holy, time to God

Recite the Collect or Special Prayer for Purity

**Almighty God,
to whom all hearts are open, all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Perhaps say Sorry. **Our Prayers of Penitence** may be useful here:

PRAYERS OF PENITENCE

Jesus said, 'Come to me all who labour and are heavy laden and I will give you rest.

Matthew 11.28

CONFESSION

**Lord our God in our sin we have avoided your call.
Our love for you is like the morning cloud,
like the dew that goes away early.**

**Have mercy on us, deliver us from judgement;
bind up our wounds and revive us;
in Christ our Lord. Amen.**

Check The Link Sheet - available on line - for the Bible readings. Look them up and quietly read them through ONCE. Then Pause. Read them through again. Did anything jump out of you? Think through the meaning of that scripture for you, those that you love. Or need to get closer to....

Listen to the Diocese sermon Podcast - Google Diocese of Worcester Sermon Podcast. You lucky people! It's me this week - Lent3 (Sunday 15th March). There is a text to read or a voice file to listen to.

Affirm your faith - using this shortened Creed. Feel free to replace "we" with "I" but "we" implies all of us, coming together In Christ

**We believe in God the Father,
from whom every family
in heaven and on earth is named.
We believe in God the Son,
who lives in our hearts through faith,
and fills us with his love.
We believe in God the Holy Spirit,
who strengthens us
with power from on high.
We believe in one God;
Father, Son and Holy Spirit.
Amen.**

Try Praying next. Here's a nice and straight forward structure from our Living Communion set:

You who spread your creating arms to the stars, strengthen our arms with power to intercede when we lift our hands to you.

Armenian Liturgy

EITHER

As members of Christ's Body, we pray for the world and for the Church in the world.
For the peoples of the earth in all their sorts and conditions; gracious God make known your ways and saving health among the nations

For the universal Church: for John and Martin our Bishops and all people of faith that we may joyfully sow seeds of faith, hope and love and grow up into Christ

Give grace to us, our families and friends, and to all our neighbours, that we may serve Christ in one another, and love as he loves us

For all at work

For all who are any ways afflicted or distressed, in mind, body or circumstance; visit them with your health and salvation

We especially pray for those of us that are unwell.....

Holding before you all who grieve we remember those who have died: *amongst whom we name..*

May they rest in peace **and rise in glory.**

In a time of stillness let us offer to God our own concerns.

A short time of quiet is kept but we gladly hear the sounds of small children! The intercession may end with these words:

Lord of life **hear our prayer
 and make us one in heart and mind
 to serve you with joy for ever. Amen.**

OR (Shortened form)

For the world and its needs, the earth and its well being, the Church and her life, the day and its tasks and for each and for all that they may know the fullness of life in Christ.

Lord, hear us: **Lord, graciously hear us.**

Try adding your own prayers here - pray for the needs of others, as well as yourself, the health emergency, those that need our help and prayer.

Lord of life: **hear our prayer and make us one in heart and mind
 to serve you with joy for ever. Amen.**

End the prayers with The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen**

You might want to try washing your hands whilst reciting it.

To end your service, recite the Old Hills Malvern adopted Psalm, Psalm 121

Psalm 121

I lift up my eyes to the mountains;
from where shall come my help?

My help shall come from the LORD,
who made heaven and earth.
The Lord will keep your foot from stumbling.
Your guard will never slumber.

No, the guardian of Israel
neither sleeps nor slumbers.
The LORD your guard, the LORD your shade
at your right hand.

By day the sun shall not smite you,
nor the moon in the night.
The LORD will guard you from evil,
will guard your soul.

The LORD will guard your going and coming,
both now and forever.

The Dismissal

We end this worship with

Our Lord says, 'I am coming soon.'

Amen. Come, Lord Jesus.

Revelation 22:20

May the Lord, when he comes,
find us watching and waiting.

Amen.

Luke 12.35-37